

### CGM Action Plan

Color Code*	Metric	Current Value	Goal for the Next 2 Weeks	Actions		
				Medication(s)	Meals/Snacks	Lifestyle (Exercise, stress, etc.)
	TBR, Level 1 [< 70 mg/dL]			•	•	•
	TBR, Level 2 [< 54 mg/dL]			•	•	•
	TAR, Level 1 [> 180 mg/dL]			•	•	•
	TAR, Level 2 [> 250 mg/dL]			•	•	•
	TIR [70 to 180 mg/dL]			•	•	•
	Glucose Variability (GV)			•	•	•
	Other			•	•	•
	CGM Use			•		

\*Red: alert, important to address now; Yellow: caution, monitor closely; Green: on target

Additional Notes:

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