

# Scientific Program

Friday, November 11, 2022

AACE  
Communities  
MIDDLE EAST  
NORTH AFRICA

08:00-09:00 Registration and Morning Coffee

## 09:00-09:10 Welcome Remarks

Dr. Jad G. Sfeir (USA) & Dr. S. Sethu Reddy (USA)

## 09:10-09:55 Plenary Lecture

Hall A

**PL1.** Insulin Resistance and Nonalcoholic Fatty Liver Disease in Diabetes

Diabetes

Dr. Sonia Najjar (USA)

## 09:55-10:40 Plenary Lecture

Hall A

**PL2.** Apolipoprotein B: How Close are we to a Unified Approach to ASCVD Risk Assessment?

Lipids

Dr. Barton Duell (USA)

10:40-11:00 Opening Ceremony/Coffee Break

## 11:00-11:45

### Meet-the-Expert Sessions

Hall A

Hall B

Hall C

11:00-11:35

**MTE1.A** Peri-Operative Management of Water and Sodium Balance

PGA

Dr. Susan Samson (USA)

**MTE1.B** Update on Fatty Liver and Type 2 Diabetes

Diabetes

Dr. Ahmed Hassoun (UAE)

**MTE1.C** Approach to Patients with Hypertriglyceridemic Pancreatitis

Lipids

Dr. Vinaya Simha (USA),  
Dr. Zahid Ahmad (USA)

11:35-11:45

Q&A

Q&A

Q&A

11:45-12:00

Break

## 12:00-12:45

### Meet-the-Expert Sessions

Hall A

Hall B

Hall C

12:00-12:35

**MTE2.A** Approach to Statin Associated Muscle Adverse Effects

Lipids

Dr. Barton Duell (USA)

**MTE2.B** Precision Oncology in Thyroid Cancer

Thyroid

Dr. Ali Alzahrani (KSA)

**MTE2.C** Next Generation Anti-obesity Medications

Obesity

Dr. W. Timothy Garvey (USA)

12:35-12:45

Q&A

Q&A

Q&A

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12:45-14:00 Friday Prayers, Lunch Break and Company Symposium

14:00-14:30

## Company Symposium

Hall A

Hall B

Hall C

14:30-14:45

Break

14:45-15:15

## Company Symposium by Novo Nordisk

Hall A

15:15-15:45

## Abstract Awards and Oral Presentation

Hall A

15:45-17:15

## In-Depth Symposia

Dietary Challenges and Opportunities in Diabetes

Women's Health Symposium

ASCVD Risk Reduction Beyond Statin Therapy

Hall A

Hall B

Hall C

15:45-16:10

**IDS1.A.1** Dairy Intake and Diabetes Risk and Glucose Control

Diabetes

Dr. Joanna Mitri (USA)

**IDS1.B.1** Bone Health in Breast Cancer Survivors

Womens Health

Dr. Maria Matar (UAE)

**IDS1.C.1** Focus on Diet and Non-Statins Therapies

Lipids

Dr. Vinaya Simha (USA)

16:10-16:35

**IDS1.A.2** Intermittent Fasting: Benefits and Challenges

Diabetes

Dr. Mona Nasrallah (Lebanon)

**IDS1.B.2** Prioritizing Treatment of Menopausal Symptoms

Womens Health

Dr. Maguy Chiha (UAE)

**IDS1.C.2** Combination Lipid-Lowering Therapy: Place in 2022

Lipids

Dr. Khalid Al Waili (Oman)

16:35-17:00

**IDS1.A.3** Diabetes and Ramadan: Practical Guidance

Diabetes

Dr. Mohamed Hassanein (UAE)

**IDS1.B.3** Challenging Cases of PCOS

Womens Health

Dr. Aisha Sheikh (Pakistan)

**IDS1.C.3** Novel Lipid-Lowering Therapies: Looking Beyond 2022

Lipids

Dr. Zahid Ahmad (USA)

17:00-17:15

Q&A

Q&A

Q&A

17:15

End of Day 1

# Scientific Program (Diabetes Educators Track)

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09:00-11:00	<b>Plenary Lectures</b>
	Hall A
	<b>Session 1</b>
	Hall D
11:00-13:00	Diabetes Self Management Workshop Diabetes Dr. Ebaa Al Ozairi (Kuwait)
13:00-14:00	<b>Friday Prayers, Lunch Break and Company Symposium</b>
	Hall A
	<b>Session 2</b>
	Hall D
14:00-14:30	Approach to Injectable Therapy for Type 2 Diabetes Diabetes Dr. Salem Beshyah (UAE)
14:30-15:00	Diabetic Hypoglycemia Diabetes Dr. Khadija Hafidh (UAE)
15:00-15:30	Effective Use of Technology in Diabetes Management Diabetes Dr. Joanna Mitri (USA)
15:45-17:15	<b>Proceed to Halls A, B, C for In-Depth Symposia</b>
<b>17:15</b>	<b>End of Day 1</b>

0900-09:45	<b>Plenary Lecture</b>		
	Hall A		
	<b>PL3. From Obesity to ABCD</b> Obesity Dr. W. Timothy Garvey (USA)		
09:45-10:30	<b>Plenary Lecture</b>		
	Hall A		
	<b>PL4. The Year in Thyroid</b> Thyroid Dr. Kristien Boelaert (UK)		
10:30-11:00	<b>Break and Symposiums</b>		
	Hall B	Hall C	
11:00-11:45	<b>Special Career Development Session</b>		
	Hall A		
	Career Development Panel Discussion: Training is Done, Now What? Career Development Dr. Sarah Nadeem (Pakistan), Dr. Sethu Reddy (USA), Dr. Abbas Raza (Pakistan)		
11:45-12:30	<b>Meet-the-Expert Sessions</b>		
	Hall A	Hall B	Hall C
11:45-12:20	<b>MTE3.A</b> Management of Thyrotoxicosis Thyroid Dr. Kristien Boelaert (UK)	<b>MTE3.B</b> Challenges of Diabetes Care in Armed and Civil Conflict Zones Diabetes Dr. Salem Beshyah (JAE)	<b>MTE3.C</b> Challenging Hypercalcemia Cases Bone Dr. Matthew Drake (USA)
	Q&A	Q&A	Q&A
12:30-13:15	<b>Meet-the-Expert Sessions</b>		
	Hall B	Hall C	
12:30-13:05	<b>MTE4.B</b> Anti-obesity Medications: Practical Approaches and Combination Therapies Obesity Dr. Jaime Almandoz (USA), Dr. Nasreen Alfaris (KSA)	<b>MTE4.C</b> Hypocalcemia Evaluation and Management: A Case-Based Approach Bone Dr. Dolores Shoback (USA)	
	Q&A	Q&A	
13:05-13:15			

# Scientific Program

Saturday, November 12, 2022

12:30-13:00

Break

Hall A

13:00-13:30

Company & Lunch Symposium by Lilly

Hall A

13:30-14:00

Break

14:00-15:30

## In-Depth Symposia

Bariatric Surgery:  
Beyond the ordinary

Hot Topics in  
Thyroidology

2022 Parathyroid  
Updates

Hall A

Hall B

Hall C

14:00-14:25

**IDS2.A.1** Obesity in People with T1DM: Indications and Considerations

Obesity

Dr. Ebaa AIOzairi (Kuwait)

**IDS2.B.1** Thyroid Eye Disease

Thyroid

Dr. Samer El-Kaissi (UAE)

**IDS2.C.1** New Guidelines in the Management of Hyperparathyroidism

Bone

Dr. Jad G. Sfeir (USA)

14:25-14:50

**IDS2.A.2** From Bariatric to Cardiometabolic Surgery

Obesity

Dr. Jaime Almandoz (USA)

**IDS2.B.2** Managing Low Risk Thyroid Nodules: Role of Surveillance

Thyroid

Dr. Aly B. Khalil (UAE)

**IDS2.C.2** Persistent and Recurrent Disease: Role of Pre-Operative Localization

Bone

Dr. Geoff Thompson (UAE)

14:50-15:15

**IDS2.A.3** Optimizing Post-Bariatric Weight Loss and Treating Weight Regain

Obesity

Dr. Nasreen Alfaris (KSA)

**IDS2.B.3** Targeted Therapy for Advanced Metastatic Thyroid Cancer in 2022

Thyroid

Dr. Ashish Chintakuntlawar (UAE)

**IDS2.C.3** Medical Therapy for Primary Hyperparathyroidism

Bone

Dr. Matthew Drake (USA)

15:15-15:30

Q&A

Q&A

Q&A

# Scientific Program

Saturday, November 12, 2022

15:30-17:00	In-Depth Symposia		
	Non-Adenomatous Diseases of the Sella	New Insights into Understanding and Managing Diabetes	Advances in Pediatric Endocrinology
	Hall A	Hall B	Hall C
15:30-15:55	<b>IDS3.A.1</b> The Many Faces of Hypophysitis PGA Dr. Diane Donegan (USA)	<b>IDS3.B.1</b> Inertia in T2DM Diabetes Dr. Sami Azar (Lebanon)	<b>IDS3.C.1</b> Monogenic Diabetes Pediatrics Dr. Asma Deeb (UAE)
15:55-16:20	<b>IDS3.A.2</b> Traumatic Brain Injury and the Pituitary PGA Dr. Adriana Ioachimescu (USA)	<b>IDS3.B.2</b> Advances in Understanding Pathophysiology of Diabetic Nephropathy Diabetes Dr. Assaad Eid (Lebanon)	<b>IDS3.C.2</b> Approach to the Child with Recurrent Fractures Pediatrics Dr. Rasha Hamza (Egypt)
16:20-16:45	<b>IDS3.A.3</b> Sellar Imaging for the Endocrinologist PGA Dr. Maria Peris Celda (USA)	<b>IDS3.B.3</b> Role of Telehealth and Remote Monitoring in Management of Diabetes Diabetes Dr. Joanna Mitri (USA)	<b>IDS3.C.3</b> Pediatric Hypoglycemia Pediatrics Dr. Khalid Hussain (Qatar)
16:45-17:00	Q&A	Q&A	Q&A

17:00

End of Day 2

# Scientific Program (Pharmacists Track)

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## Session 1

Hall D

11:00-11:40

Injectable Therapy for Diabetes in Practice

Diabetes

Dr. Sara Suliman (UAE)

11:40-12:20

Optimal Use of Technology in Diabetes

Diabetes

Dr. Joanna Mitri (USA)

12:30-15:30

Prayers, Lunch Break and Company Symposium

Hall A

## Session 2

Hall D

15:30-16:00

Endocrine Replacement Therapies

Endocrine

Dr. Salem Beshyah (UAE)

16:00-16:30

Antihyperglycemic Therapy for T2DM - Review of the Guidelines

Diabetes

Dr. Sarah Nadeem (Pakistan)

16:30-17:00

Management of Osteoporosis

Bone

Dr. Jad G. Sfeir (USA)

17:00

End of Day 2

# Scientific Program

Sunday, November 13, 2022

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0900-09:45

## Plenary Lecture

Hall A

**PL5.** Combination Therapy in Treatment of Osteoporosis

Bone

Dr. Dolores Shoback (USA)

09:45-10:30

## Plenary Lecture

Hall A

**PL6.** Personalized Approach to Acromegaly

Dr. Adriana Ioachimescu (USA)

10:30-10:45

Break

10:45-11:30

## In-Depth Symposia

Hall A

**IDS4.A.1** Debate: A 46XX teenager with CAH raised as a boy should continue as a male

Dr. Rasha Hamza (Egypt),  
Dr. Amir Babiker (KSA)

Hall B

**IDS4.B.1** Debate: Apoplexy: Conservative vs. Surgical Management

Dr. Maria Peris Celda (USA),  
Dr. Diane Donegan (USA)

11:30-12:00

Break

12:00-12:30

## Company Symposium

12:30-13:00

Break

13:00-13:45

## Meet-the-Expert Sessions

Hall A

**MTE5.A** Sex and Ethnic Disparities in Nonalcoholic Fatty Liver Disease

Dr. Sonia Najjar (USA)

Q&A

Hall B

**MTE5.B** AACE Clinical Practice Guideline: Developing a Diabetes Mellitus Comprehensive Care Plan—2022 Update

Diabetes

Dr. S. Sethu Reddy (USA)

Q&A

13:35-13:45

13:45-14:00

Closing Remarks

14:00

End of Day 3