Scientific Program
Friday, November 22, 2024

AACE MIDDLE EAST NORTH AFRICA

08:00-09:00	Registration and Morning Coffee		
09:00-09:15	**Welcome and Opening Ceremony** *Dr. Sarah Nadeem (USA) and Dr. Susan Samson (USA)*		
09:15-10:00	**Plenary Lecture** *Chair: Dr. Aoife Egan (USA)*		
	PL1. Diabetes Kidney Disease Diabetes/Metabolism Dr. Sylvia Rosas (USA)		
10:00-10:45	**Plenary Lecture** *Chair: Dr. Tariq Chukir (Qatar)*		
	PL2. Obesity - Understanding the Science and Complexity Obesity		
10:45-11:00	Coffee Break		
11:00-12:30	**In-Depth Symposia**		
	Obesity Symposium *Chair: Dr. Sarah Nadeem (USA)*	**Adrenal Symposium** *Chair: Dr. Ali Alzharani (KSA)*	**Bone and Health Symposium**
11:00-11:25	**IDS1.A.1** Flexing Before and After: Understanding Muscles in Obesity and Weight Loss Obesity/Nutrition Dr. Tariq Chukir (Qatar)	**IDS1.B.1** Evaluation of Hyponatremia PGAN Dr. Sylvia Rosas (USA)	**IDS1.C.1** MENA FRAX Registry Bone Dr. Ghada El-Hajj Fuleihan (Lebanon)
11:25-11:50	**IDS1.A.2** Sleep and Obesity Obesity/Nutrition Dr. Shahrad Taheri (Qatar)	**IDS1.B.2** Glucocorticoid Induced Adrenal Insufficiency PGAN Dr. Adnan Ajmal (UAE)	**IDS1.C.2** Nonskeletal Benefits of Bisphosphonates Bone Dr. Jad Sfeir (USA)
11:50-12:15	**IDS1.A.3** Endocrine Changes in Obesity Obesity/Nutrition Dr. Ebaa Al Ozairi (Kuwait)	**IDS1.B.3** Adrenal Incidentalomas PGAN Dr. Irina Bancos (USA)	**IDS1.C.3** Hypercalcemia Bone Dr. Steve Petak (USA)
12:15-12:30	Q&A	Q&A	Q&A

Scientific Program

Friday, November 22, 2024

AACE MIDDLE EAST NORTH AFRICA

12:30-13:00	**Company Symposium**		
13:00-14:00	Prayer Break		
14:00-14:30	**Company Lunch Symposium**		
14:30-15:05	**Abstract Awards and Oral Presentation**		
15:05-15:55	**Meet-the-Expert Sessions**		
15:05-15:45	**MTE1.A** Congenital Adrenal Hyperplasia Pediatric Endocrinology Dr. Fatih Gurbuz (Turkey)	**MTE1.B** Evaluation and Management of Central DI *Chair: Dr. Abdullah AlFutaisi (Oman)* PGAN Dr. Adriana Ioachimescu (USA)	**MTE1.C** Short Stature in Children *Chair: Dr. Salman Kirmani (Pakistan)* Pediatric Endocrinology Dr. Hala Tfayli (Lebanon)
15:45-15:55	Q&A	Q&A	Q&A
15:55-16:05	Break		
16:05-16:50	**Meet-the-Expert Sessions**		
16:05-16:40	**MTE2.A** Diabetes in the MENA Region: Current and Future Trends *Chair: Dr. Aly Khalil (UAE)* Diabetes Dr. Tamer Elsherbini (Egypt)	**MTE2.B** Osteoporosis in Men *Chair: Dr. Ghada El Hajj Fuleihan (UAE)* Bone Dr. Jad Sfeir (USA)	**MTE2.C** Diabetes in Pregnancy: The Year in Review *Chair: Dr. Ahmed Hassoun (UAE)* Diabetes Dr. Aoife Egan (USA)
16:40-16:50	Q&A	Q&A	Q&A
16:50	**End of Day 1**		

Scientific Program

Saturday, November 23, 2024

AACE MIDDLE EAST NORTH AFRICA

09:00-09:05	Daily Welcome *Dr. Sarah Nadeem (USA)*
09:05-09:50	**Plenary Lecture** *Chair: Dr. Sarah Nadeem (USA)*
	PL3. Menopause: Time for Womens Health to get Primetime PGAN Dr. Stephanie Faubion (USA)
09:50-10:35	**Plenary Lecture** *Chair: Dr. Aly Khalil (UAE)*
	PL4. Differentiated Thyroid Cancer: Updated Guidelines Thyroid Dr. Erik Alexander (USA)
10:35-11:00	Break
11:00-11:30	**Speed Mentoring - Only Trainees (Students, Fellows, Residents)**
11:00-11:30	**Company Symposium**
11:30-12:30	**Round Table Discussion: Challenging Cases** *Chair: Dr. Abdullah Al Futaisi (Oman)*
	1. Resistant Prolactinoma 2. Cushings 3. Adrenal Carcinoma PGAN Dr. Adriana Ioachimescu (USA), Dr. Susan Samson (USA) and Dr. Irina Bancos (USA)
12:30-13:00	**Company Lunch Symposium**
13:00-13:30	**Company Symposium**
13:30-13:45	Break

Scientific Program

Saturday, November 23, 2024

AACE MIDDLE EAST NORTH AFRICA

13:45-15:15	In-Depth Symposia			
	Diabetes Management in Special Circumstances *Chair: Dr. Aoife Egan (USA)*	**Intersection of Cancer Treatment and Endocrine Diseases** *Chair: Dr. Dace Trence (USA)*	**Endocrine Care-from Adolescence to Adulthood** *Chair: Dr. Noor Al Busaidi (Oman)*	**Thyroid in Focus** *Chair: Dr. Ali Alzahrani (KSA)*
13:45-14:10	**IDS2.A.1** Post Transplant Diabetes Management Metabolism Dr. Betul Hatipoglu (USA)	**IDS2.B.1** Checkpoint Inhibitor Related Endocrinopathies Metabolism/Pituitary/Bone Dr. Afreen Shariff (USA)	**IDS2.C.1** Endocrinopathies in Thallasemia Patients Pediatric/Metabolism/PGAN Dr. Salman Kirmani (Pakistan)	**IDS2.D.1** Evaluation and Management of Thyroid Nodules Thyroid Dr. Erik Alexander (USA)
14:10-14:35	**IDS2.A.2** Ramadan and Diabetes Metabolism Dr. Najmul Islam (Pakistan)	**IDS2.B.2** Glucocorticoid Induced Hyperglycemia Metabolism/Pituitary/Bone Dr. Salem Beshyah (UAE)	**IDS2.C.2** PCOS, Transition of Care Across the Lifespan Pediatric/Metabolism/PGAN Dr. Sarah Nadeem (USA)	**IDS2.D.2** Optimizing Thyroid Hormone Therapy Thyroid Dr. Hosein Gharib (USA)
14:35-15:00	**IDS2.A.3** Social Deprivation and Diabetes Complications Metabolism Dr. Sean Dinneen (Ireland)	**IDS2.B.3** Metabolic Effects of Anti-Estrogen Therapy in Breast Cancer Metabolism/Pituitary/Bone Dr. Mona Nasrallah (Lebanon)	**IDS2.C.3** Adolescent Endocrinology for Adult Physicians Pediatric/Metabolism/PGAN Dr. Asma Deeb (UAE)	**IDS2.D.3** Thyroid Disease in Pregnancy Thyroid Dr. Aly Khalil (UAE)
15:00-15:15	Q&A	Q&A	Q&A	Q&A

Scientific Program

Saturday, November 23, 2024

AACE MIDDLE EAST NORTH AFRICA

15:15-15:30	Break			
15:30-16:20	**Meet-the-Expert Sessions**			
15:30-16:10	**MTE3.A** Molecular Testing in Thyroid Nodules and Cancer *Chair: Dr. Afreen Shariff (USA)* Thyroid Dr. Ali Alzahrani (KSA)	**MTE3.B** Obesity in the MENA Region, Unique Challenges and Opportunities *Chair: Dr. Aly Khalil (UAE)* PGAN Dr. Salem Beshyah (UAE)	**MTE3.C** Lifestyle Prescription to Treat Obesity and Diabetes *Chair: Dr. Sarah Nadeem (USA)* Metabolism Dr. Noor Al Busaidi (Oman)	**MTE3.D** Focus on Diabetes Related Retinopathy & Neuropathy *Chair: Dr. Aoife Egan (USA)* Metabolism Dr. Rayaz Malik (Qatar)
16:10-16:20	Q&A	Q&A	Q&A	Q&A
16:20-17:05	**Meet-the-Expert Sessions**			
16:20-16:55	**MTE4.A** The Ongoing Calcium and Vitamin Controversy Bone	**MTE4.B** DAFNE and Beyond: Self-Management Education Programs for People Living with Diabetes *Chair: Dr. Ebaa Al Ozairi (Kuwait)* Metabolism Dr. Sean Dinneen (Ireland)	**MTE4.C** Role of Supplements in Diabetes & Obesity Management *Chair: Dr. Noor Al Busaidi (Oman)* Metabolism Dr. Dace Trence (USA)	**MTE4.D** Metabolic Dysfunction–Associated Liver Disease (MASLD) *Chair: Dr. Mona Nasrallah (Lebanon)* Metabolism Dr. Betul Hatipoglu (USA)
16:55-17:05	Q&A	Q&A	Q&A	Q&A
17:05	**End of Day 2**			

Scientific Program

Sunday, November 24, 2024

AACE MIDDLE EAST NORTH AFRICA

09:00-09:45	**Plenary Lecture** *Chair: Dr. Ebaa Al Ozairi (Kuwait)*	
	PL5. Type 1 Diabetes Management Across the World Metabolism (Technology) Dr. Halis Akturk (USA)	
09:45-10:30	**Plenary Lecture** *Chair: Dr. Jad G. Sfeir (USA)*	
	PL6. Hypophosphatemia and Hypophosphatasia Bone Dr. Steve Petak (USA)	
10:30-10:45	Break	
10:45-12:15	**In-Depth Symposia**	
	Artificial Intelligence in Endocrinology *Chair: Dr. Mona Nasrallah (Lebanon)*	**Reproductive Health** *Chair: Dr. Susan Samson (USA)*
10:45-11:10	**IDS3.A.1** Guiding Principles for Use of Artificial Intelligence Technologies in Healthcare Non-Clinical Dr. Afreen Shariff (USA)	**IDS3.B.1** Sexual Dysfunction in Women Reproductive Dr. Stephanie Faubion (USA)
11:10-11:35	**IDS3.A.2** Decision Support, will AI Replace Us in Diabetes Management? Non-Clinical Dr. Halis Akturk (USA)	**IDS3.B.2** Testosterone Use and Abuse in Men Reproductive Dr. Tariq Chukir (Qatar)
11:35-12:00	**IDS3.A.3** Big Data and How to Use It Non-Clinical Dr. Mariette Awad (Lebanon)	**IDS3.B.3** Endocrinopathies and Infertility Reproductive Dr. Ola Jarad (UAE)
12:00-12:15	Q&A	Q&A

Scientific Program
Sunday, November 24, 2024

AACE MIDDLE EAST NORTH AFRICA

12:15-12:45	**Company Lunch Symposium**	
12:45-13:15	**Company Symposium**	
13:20-14:05	**Meet-the-Expert Sessions**	
13:20-13:55	**MTE5.A** Non-Diabetic Hypoglycemia *Chair: Dr. Ahmed Hassoun (UAE)* Diabetes Dr. Aoife Egan (USA)	**MTE5.B** Grave's Disease *Chair: Dr. Sarah Nadeem (USA)* Diabetes Dr. Hossein Gharib (USA)
13:55-14:05	Q&A	Q&A
14:10-14:55	**Plenary Lecture**	
	PL7. Primary Hyperparathyroidism: Evaluation and Management Bone Dr. John Bilezikian (USA)	
14:55-15:00	Closing Remarks *Dr. Sarah Nadeem (USA)*	
15:00	**End of Day 3**	