



# American Association of Clinical Endocrinologists

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## News Release

Embargoed Until Friday, May 15, 2015

11:00 a.m. CT

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## From Sea to Sea Annual Meeting Session Discusses a Transcultural Standard of Care

**NASHVILLE** - (BUSINESSWIRE) – Endocrine leaders of the American Association of Clinical Endocrinologists, riding on the heels of a successful and unprecedented conference held last February in San Juan, Costa Rica, are discussing the results of the successful and unprecedented conference and how it will change the delivery of health care for patients in Latin America, Mexico and the Caribbean Basin for the better.

The Transcultural Endocrinology Symposium is one of today's mini plenary sessions at the American Association of Clinical Endocrinologists' (AACE) 24<sup>th</sup> Annual Scientific and Clinical Congress taking place this week in Nashville..

As chair of the newly formed AACE Center for Transcultural Endocrinology, Jeffrey I. Mechanick, MD, FACP, FACE, FACN, ECNU, Immediate Past President of AACE and one of the mini plenary presenters, said the conference, held in February 2015, laid the foundation for an improved level of care for patients diagnosed with type 2 diabetes, obesity, thyroid conditions and bone disease.

“An important part of our work from the Pan-American Scientific Symposium in Costa Rica was to acknowledge that there are variances from country to country that need to be addressed in order to implement the medical guidelines and best-practice algorithms developed by AACE,” said Dr. Mechanick. “We are committed to supporting and working with doctors across the globe to ensure the guidelines are adapted to work for optimal improved patient care within different cultures.”

Dr. Mechanick stated that while the medical guidelines and algorithms are a starting point for a universal standard of care around the globe, they are applicable domestically as well.

“Because of the multicultural makeup of our own country, these guidelines and algorithms can easily be adaptable and utilized here on American soil,” explained Dr. Mechanick.

Other speakers of today's mini plenary include a multicultural panel of physicians representing India, Egypt, Nigeria and Costa Rica.

To read additional press releases about the AACE 24<sup>th</sup> Annual Scientific and Clinical Congress in Nashville, please visit [media.aace.com](http://media.aace.com) or use the Twitter hashtag #AACE15.

**For a brief bio and photo of Dr. Jeffrey Mechanick, please click here.**

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### About the American Association of Clinical Endocrinologists (AACE)

The American Association of Clinical Endocrinologists (AACE) represents more than 6,500 endocrinologists in the United States and abroad. AACE is the largest association of clinical endocrinologists in the world. The majority of AACE members are certified in endocrinology, diabetes and metabolism and concentrate on the treatment of patients with endocrine and metabolic disorders including diabetes, thyroid disorders, osteoporosis, growth hormone deficiency, cholesterol disorders, hypertension and obesity. Visit our site at [www.aace.com](http://www.aace.com).

### About the American College of Endocrinology (ACE)

The American College of Endocrinology (ACE) is the educational and scientific arm of the American Association of Clinical Endocrinologists (AACE). ACE is the leader in advancing the care and prevention of endocrine and metabolic



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disorders by providing professional education and reliable public health information; recognizing excellence in education, research and service; promoting clinical research and defining the future of clinical endocrinology. For more information, please visit [www.aace.com/college](http://www.aace.com/college).